

# Little Bears Day Nursery (Week 1)

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b>	Choice of Cereal, Toast	Choice of Cereal, Toast	Choice of Cereal, Toast	Choice of Cereal, Toast	Choice of Cereal, Toast
<b>Snack</b>	Oat cakes	Apple and banana	Cheese and dried fruit	Watermelon	Rice cakes
<b>Lunch</b>	Beef chilli with rice and tortillas	Sausage casserole with mashed potato	Tomato, spinach and mascarpone pasta with garlic bread	Chicken and vegetable korma with rice and naan	Pork and apple stuffing pie with mash and mixed veg
<b>Pudding</b>	Ice cream, wafers and sundae sauce	Toffee apple sponge with vanilla cream	Fruit crumble and custard	Banana yoghurt	Caribbean cake and custard
<b>Veg option</b>	Quorn chilli	Quorn sausage casserole	Tomato penne	Quorn Chicken and Vegetable curry	Quorn mince pie
<b>Snack</b>	Banana and orange	Cucumber and dip	Breadsticks	Pepper dippers	Mixed fruit
<b>Tea</b>	Cheesy beans on toast Chocolate crispie	Selection of wraps Raisin oat biscuit	Country veg soup and bread Maple banana buns	Muffins, cheese and dippers Raspberry brioche fingers	Mixed sandwiches, cheese and veg sticks Flapjack